



High School Retreat 2018 Information Sheet

September 6-7, 2018
Camp Berea, Turner, ME

Our Annual High School Retreat!

This two-day, one night retreat is a great way for high school students and staff to begin the new year. It can help set a positive trajectory as returning students, new students, and staff play and pray together. New friendships form and camaraderie is built. Attendance is required.

Speaker: Pastor Danny Patterson, Second Parish Orthodox Presbyterian Church; GPCS parent and former Board Chair

Transportation: All students must ride South Portland school bus

Cost: Covered in school budget

What you need to bring

- **Bedding:** a sleeping bag or blanket, sheet, pillow
- **Toiletries:** toothbrush, toothpaste, deodorant, towel, etc.
- **Bible:** if you have a notebook or journal that you are currently writing in, feel free to bring that as well.
- **Clothing and sneakers** (not flip-flops or sandals!) for outdoor activities for two days; a light jacket/top in case the evening is cool; modest swimwear in case it's warm enough to get into the water.
- **Optional:** flashlight, water bottle (labeled), insect repellent, sunscreen

What not to bring

- **Cell phone or any personal electronic devices.** Other retreats and camps have this rule and we promise you will survive! Leave your devices at home or give them to a chaperone at drop-off.
- **Immodest clothing** (e.g., bikinis, two-piece bathing suits, low-cut tops, or short shorts)
- **Items you're not allowed to bring to school** such as weapons, fireworks
- **Money:** there's nothing for you to spend it on!

A Few Retreat Rules

- All GPCS Student Handbook rules apply.
- Always be where you are supposed to be. Do not leave camp for any reason. At least 3 people in any group—no coupling. Absolutely stay away from the floor with the opposite sex. No public displays of romantic affection.
- Report promptly to every meal, every activity, and every meeting as assigned.
- No switching groups or rooms or leaving assigned rooms after 11:00 PM
- Serious offenses (e.g., curfew violation, skipping assigned meetings or activities, off-limits, etc.) may result in your parents picking you up any time day or night.
- Clean up after yourself!

Retreat Itinerary (Tentative)

Thursday, Sep. 6

8:30AM	Meet in Gym
9:00	Depart GPCS
10:00	Arrive at camp
11:00	Session 1
11:45	Small groups
12:30 PM	LUNCH
1:00	Large group activity
2:00	Free time
	Snacks
4:00	Large group activity
5:30	Session 2
6:30	DINNER
7:30	Campfire time
9:00	Manhunt
11:00	Small groups in rooms
12:00 AM	Lights out

Friday, Sep. 7

7:00AM	Downstairs open
9:00	BREAKFAST (<i>belongings must be packed first</i>)
9:30	Session 3
10:00	Small groups
10:45	Group activity
11:30	Closing meeting
12:00 PM	LUNCH
1:00	Depart
2:15	Arrival at GPCS

Forms Needed

- Parental Permission Form
(Due Wednesday, Sep. 5)
- H.S. Retreat Medication Form
(Due Thursday, Sep. 6)

Contact Info

Camp landline: 207-224-7730
(cell reception is poor or nonexistent)

GPCS: 207-767-5123